

Dear Parents and Carers,

This week is Mental Health Awareness Week where the focus is on how nature helps to have a positive impact on our well-being. The national pandemic has certainly raised the profile of both. When we were placed in lock down and only allowed one hour of outdoor activity, the nation saw a huge increase in the number of people taking a walk in nature bringing a whole new appreciation of our local landscapes.

At the same time, the nation noticed how much mental health matters. Many of us will have experienced moments of worry, despair, grief, uncertainty, loneliness, low mood, and anxiety often without really knowing what to do or where to turn for help. Coupled with that, the media are also informing us that young people are suffering with their mental health too which you may have noticed as parents and carers.

At The Grove, we want to remove any stigma that is attached to talking about mental health because the reality is that at some point we will all suffer and need some support. Our students are encouraged to speak about their thoughts and feelings without fear of judgement as this promotes greater self-awareness, understanding, tolerance and compassion.

Take the opportunity to get out and about with nature this weekend with your children and enjoy the boost to your whole families well-being.

*Mrs Sonia Taylor*  
**Headteacher**



## REMINDERS & NOTICES

### Mental Health Awareness Week 2021

This week is mental health week with a specific emphasis on nature.

Teachers have been working with students in all years on what is good mental health, why there is a focus on nature and they have been undertaking projects with nature in mind to achieve good wellbeing.

To learn more about why Nature is the theme for Mental Health Awareness Week 2021 click [here](#).



### Year 8 Garden Club

We are pleased to say that our green fingered year 8's had a great time at Gardening Club on Monday, despite the heavy rain and sometimes hales!

Gardening Club is held on Mondays  
3pm – 4pm

Your child must bring suitable clothing and footwear – it could get messy.

If you would like to get involved, please email Mrs Philips ([bev.philips@groveschool.net](mailto:bev.philips@groveschool.net))

### New Year 7 Cohort

We are very excited to welcome our new Year 7's to The Grove in September.

Mr Shone has is working hard to arrange transition events and our current Year 7's have been creating cards to send to our Year 6 students, welcoming them to the school.



### Face Masks

From 17 May, in line with Step 3 of the roadmap, face coverings will no longer be recommended for pupils in classrooms or communal areas in all schools.

Children and young people aged 11 and over must still wear a face covering on public transport.

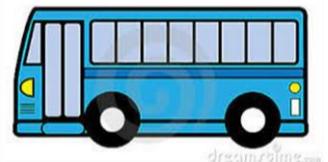
In accordance with advice from PHE, they must also wear a face covering when travelling on dedicated transport to secondary school or college. This does not apply to children and young people who are exempt from wearing face coverings.

### School Transport

If your child uses the school transport, please can you remind them that they are required to observe safe and respectful behaviour. This must:

- Remain seated until time to disembark
- No throwing of objects
- No loud shouting or screaming
- No distracting the driver
- Bad language is strictly prohibited
- No damage to bus interior fabric inc graffiti

Any student who is found to have not met this code of behaviour will be subject to a ban from the school service and parents will be responsible for making travel arrangements for their child to and from school.



### Recycling Project

The Grove is starting a recycling project using plastic bottles. If you could send in any used plastic bottles (washed) in plastic bags (we will also reuse these) and drop them off at reception or with your child's tutor in the morning.

## FOCUS



### Parent Teacher Association

Several parents have made enquiries regarding running a Parent Teacher Association. This is an idea opportunity to help make a difference. For more information contact Mrs Philips ([bev.philips@groveschool.net](mailto:bev.philips@groveschool.net)).

## UPCOMING EVENTS

Click [here](#) to view our upcoming events. Events at a glance:



**Half Term** – 31 May – 4 June  
**Second May Bank Holiday** – 31 May  
**Local Governing Body Meeting** – 6 July  
**INSET Day** – Monday 12 July  
**End of Term** – 23 July

Click [here](#) to view our term dates.



## NEWS

Click [here](#) to view our latest news articles.

Why not also follow us on Facebook [@GroveSchoolShropshire](#) for a wealth of content, from student, staff and school celebrations, to competitions. We encourage you to get interactive with our posts!

To hear about news from across the Trust, why not also follow [@MarchesAcademyTrust](#).

